March: Reading Module

New Student & Family Programs
March’s Naked Roommate Tips

• Tip #21 Drugs and Alcohol
  • Pages 368-386

• Tip #22 Keepin’ Em Safe
  • Pages 387-403
March’s Themes

• With Spring Break just around the corner, we wanted this month to focus on healthy and safe practices when they have this week of free time.

• While some students will come back home for the break, others will travel with friends.

2018 Spring Break is March 12-16
Tip #21 Drugs and Alcohol

Tip: Understand why student drink

1. It’s easier to take risks
2. The people around them are doing it
3. Because they can* (if they are over 21 years old)
4. It’s an addiction
Tip #21 Drugs and Alcohol

Tip #22 Keepin’ ‘Em Safe

Talk with your student about the following topics:

• Keep an eye on your drink and don’t put it down
• Be mindful of drug interactions with their prescribed medications
• Drinking games can be dangerous
• Be with friends you trust, don’t leave anyone behind
• Do NOT get into a car unless you are certain the driver is sober
• Don’t hide any legal repercussions (Minor in Possession, arrests, etc)
• Don’t walk home alone
• Avoid drunk sex (drunk= unable to consent)
• Do NOT be afraid to get medical attention if needed (for you or a friend)
• Do NOT drink if you are under 21 years old. Breaking any law is against the University Student Code of Conduct. FSU will hold your student accountable regardless of if it happens at Tallahassee or at home.
Tip #22 Keepin’ ‘Em Safe

• Tip: Protect yourself from being a victim of a crime of opportunity
  • Lock your apartment or resident hall doors! (Make sure roommates are also doing this)
  • Keep your valuables in safe locations. Each residence hall room has a lockable compartment
  • Don’t trust strangers to watch your laptop at the library
  • Know of campus resources that make navigating campus at night more safe
Resources for Responsible Behavior

CHAW
- https://chaw.fsu.edu/services/smart_choices
- https://chaw.fsu.edu/topics/alcohol/
- https://chaw.fsu.edu/topics/tobacco-and-other-drugs

FSUPD
- https://police.fsu.edu/
- Non-Emergency Number: (850) 644-1234

Transportation
- https://transportation.fsu.edu/options
- Night Note: extension of bus system during Monday-Saturday 8:00pm-3:00am
- S.A.F.E Connection: campuside free ride. 7 days a week, 7:00pm-3:00am
- NoteCab: 5 dollar per vehicle load Saturday-Thursday 10PM-4AM, Friday 6PM-4AM

Student Rights and Responsibilities
- https://dos.fsu.edu/srr/conduct-codes/student-conduct-codes/
Facebook Pages for you to “Like”

- Florida State University
- FSU Alert
- Dean of Students Department
  - New Student and Family Programs
  - Family Connection
  - Student Rights and Responsibilities
- FSU Health and Wellness Center (where CHAW is housed)
- FSUPD
- FSU Transportation Services
Seminole Creed Tenet: Citizenship

“I will act as a responsible citizen in the University and beyond, participating in those activities fostering citizenship.”

How can you help your student uphold this tenet?
Talk about your expectations and FSU’s expectations of them.
Discuss ways they can protect themselves and friends to stay safe.
Encourage them to vote, whether at FSU or in elections.
Contact Us

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