November’s Naked Roommate Tips

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Tip #11 Homesickness

Tip: The cure isn’t at home

• With Thanksgiving and Winter Break around the corner, students may want to be home more than before. However, going home is not going to help long-term. If your student is missing you during the holidays encourage them to start some new traditions at FSU before their holiday visit. Finding a home at FSU helps keep the homesickness at bay.

Challenge: Listening to it

• Talking to your student while they are homesick is hard for you! You may miss them just as much or even more. Connect with others with student’s in college about this.
Tip #11 Homesickness

Challenge: Knowing when it is more than homesickness

• Homesickness is normal but sometimes it is a symptom of a larger problem. Regardless if it is “typical homesickness” and something more, you can encourage your student to see a counselor if it interferes with their studies or life.

• University Counseling Center has walk-in hours Monday- Friday 8:00am- 4:00pm.

• For more information: https://counseling.fsu.edu/
Tip #12 Visiting

Parents’ Weekend:

• FSU’s Parents Weekend is November 3-4. A list of activities can be found here. Don’t forget to attend the Garnet and Gold Silent Auction!

• If you can’t visit then, create your own Parents’ Weekend. You can attend a football game or circus performance outside of the weekend.

• If you can’t visit, create a virtual Parents’ Weekend where you talk with your student on FaceTime or on the phone. You could even watch the game from home while they are in the stadium.

Think about attending Spring Family Reunion (Details Coming Soon!!)
Thanksgiving Visit

• If your student is staying here and celebrates, encourage your student to find others staying in town to make their own Friends-giving.

• General Break Tips:
  • Recognize there might be a change in your student. They may have a heightened sense of independence. They might act different. They might try to visit all of their friends from high school or spend lots of time with their significant other.
Facebook Pages for you to “Like”

- Florida State University
- Athletics
- FSU Alert
- Dean of Students Department
  - New Student and Family Programs
  - Family Connection
  - Garnet and Gold Silent Auction
- Parents’ Weekend
- University Counseling Center
Seminole Creed Tenet: Truthfulness

“I will be honest and truthful at all times and work for personal and institutional integrity at Florida State University.”

How can you help your student uphold this tenet?
Have a simple honest conversation with them (break/visits could be a good time) about how they are doing at FSU. Remind them about academic integrity during finals. If they have any troubles, refer them to the appropriate source. If you don’t know what that is, contact us!
Contact Us

New Student & Family Programs
University Center A
Room 4320
850-644-2785